

CC-14: Counselling Psychology:

26/08/2021

Model Questions:

Date:
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17) Short answer type questions :-

1) Define Counselling.

2) Meditation.

3) Suicide.

4) Transparency.

5) Stress.

6) Crisis Intervention.

7) Role of Counsellor.

8) Qualities of a good counsellor.

9) Goal of Counselling.

10) Psychological Intervention.

11) Process of Counselling.

12) Micro skill of a good counsellor.

13) Difference between Counselling and Psycho-therapy.

14) Confidentiality.

15) Repo building.

16) Relaxation techniques.

17) Modeling.

18) Counter transference.

19) Cognitive approach of counselling.

20) Marital counselling.